



## SURVEILLANCE

### What to do!

1. Do not get upset, don't feel intimidated, that is what they are trying to get from you.
2. Document the time, place, license plate number of the vehicle and any other information that you may deem important about the surveillance. A good way to get all of it is using a video camera or a camera with a time stamp. (Note: make sure the time stamp and date on the camera are correct)
3. Call the police to file a report that you feel someone may be stalking people in your area and give a detailed description of the stalker, if possible, and get the vehicle information such as make, model and license plate number.
4. Let the surveillance person know that you are aware of them. This takes away from them trying to make you feel intimidated.
5. Do not do anything beyond the physical restriction guides your physician gave you to follow. This would only give them what they want.
6. Do not do anything illegal to attempt to get rid of the surveillance. Committing a crime and getting convicted of the crime will only give reason for the workers compensation judge to terminate your benefits.
7. Let your attorney know about the surveillance immediately.
8. Anyone doing surveillance legally must check with the local law enforcement for the area before starting the surveillance. If that has not happened then the surveillance is being done illegally and can be terminated by the local law enforcement.
9. Shred all personal documents before throwing them into the trash. Private Investigators have been known to go through injured workers trash in search of information to use against them. Once you put out the trash it becomes public domain. Keep all personal information private!

**"AN INJURY TO ONE IS AN INJURY TO ALL"**